



How to Improve Roosevelt School District NO. 66 Network Security

Free Mobile Security Toolkit

7 great resources to explain
mobile security threats

[Download now](#)



<http://www.sophos.com/en-us/>

Check your password—is it strong?

Your online accounts, computer files, and personal information are more secure when you use strong passwords to help protect them.

Test the strength of your passwords: Type a password into the box.

Password:

Strength:

			BEST
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Note: This does not guarantee the security of the password. This is for your personal reference only.

What is a strong password?

The strength of a password depends on the different types of characters that you use, the overall length of the password, and whether the password can be found in a dictionary. It should be at least 14 characters long.

For tips about how to create passwords that are easy for you to remember but difficult for others to guess, read [Create strong passwords](#).

About this password checker

This password checker does not collect, store, or transmit information.

The security of the passwords typed into this password checker is similar to the security of the password you enter when you log on to Windows. The password you enter is checked and validated on your computer. It is not sent over the Internet.

Create strong passwords

Strong passwords are important protections to help you have [safer online transactions](#).

Keys to password strength: length and complexity

An ideal password is long and has letters, punctuation, symbols, and numbers.

- Whenever possible, use 14 characters or more.
- The greater the variety of characters in your password, the better.
- Use the entire keyboard, not just the letters and characters you use or see most often.

Create a strong password you can remember

There are many ways to create a long, complex password. Here are some suggestions that might help you remember it easily:

What to do	Example
Start with a sentence or two.	Complex passwords are safer and easier to remember.
Remove the spaces between the words in the sentence.	Complexpasswordsaresaferandeasiertoremember.
Turn words into symbols, numbers, or shorthand.	ComplexpasswordsRsafer&easier2remember.
Add length with numbers. Put numbers that are meaningful to you after the sentence.	ComplexpasswordsRsafer&easier2remember2011.

Test your password with a password checker

A password checker evaluates your password's strength automatically. Try our [secure password checker](#).

Protect your passwords from prying eyes

The easiest way to "remember" passwords is to write them down. It is okay to write passwords down, but keep them secure.

Common password pitfalls to avoid

Cyber criminals use sophisticated tools that can rapidly decipher passwords.

Avoid creating passwords that use:

- **Dictionary words in any language.**
 - **Words spelled backwards, common misspellings, and abbreviations.**
 - **Sequences or repeated characters.** Examples: 12345678, 222222, abcdefg, or adjacent letters on your keyboard (qwerty).
 - **Personal information.** Your name, birthday, driver's license, passport number, or similar information.
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